

# SPECIMEN COLLECTION & SHIPPING INSTRUCTIONS

## Get Tested in 3 Easy Steps

- 1. Medical Authorization** - The OneTest requisition form must be signed and dated by a licensed medical professional. The NPI # must also be included. If you do not have access to an authorized signatory, we can put you in touch with one of our partnered telemed physicians for an additional fee.
- 2. Fill in Paperwork**—Please fill out all of the required information highlighted in red on the OneTest requisition form (including blood draw collection/shipping date and time). Each form includes a unique control# (Test Kit ID) , associated with each individual’s blood collection tube.
- 3. Ship Your Test** - Follow the instructions below for specimen collection and shipment instructions. Freeze the ice packs flatly for optimal size to fit in the kit. **Please make sure the box is packed properly and shipped with the overnight shipping label provided, Monday through Thursday. (DO NOT SHIP OUT ON FRIDAY—SUNDAY).** Keep specimen in refrigerator (2-8 °C) until ready to be shipped. Ship specimen on the same day as it is drawn if possible.

## (Instructions for Phlebotomist) Specimen Collection & Storage

A blood specimen is required for OneTest.

1. Use one 8.5 mL SST tube (“Tiger Top”) provided by the OneTest specimen kit. Write patient’s full name and place the Test ID label provided on the order form, onto the specimen tube.
2. Once blood is collected, invert the tube 5-10 times
3. Allow 30 minutes for blood to clot at room temperature and then Centrifuge @ 1000-1300 RCF for 10 minutes (Small Benchtop Centrifuges may be purchased through Amazon for approx. \$70 or rented through OneTest).
4. **Keep refrigerated (2-8 °C) until ready to be shipped. Specimen must be received within 72hrs of draw.**
5. Place the specimen in the Biohazard bag provided in the OneTest specimen kit.



**Shipping Instructions** - Multiple specimens may be shipped in 1 single box. Make sure to carefully label each tube and contact your sales rep for additional shipping supplies if needed.

1. Ship specimen with the filled requisition form back using the Overnight FedEx Shipping Label provided by OneTest specimen kit.
2. **Specimen must be shipped on COMPLETELY FROZEN ice packs (freeze 24hrs in advance). To fit in the box, the ice packs must be flat, not folded.**
3. **Specimen must be shipped Monday –Thursday ONLY via FedEx or UPS.** Specimen must be received by our laboratory within 72 hrs. of the draw.



### Ship Specimen To:

20/20 GeneSystems, Inc.  
15810 Gaither Drive,  
Ste 235



For any questions, please contact [TechnicalSupport@onetestforcancer.com](mailto:TechnicalSupport@onetestforcancer.com) or call us at 240-453-6339.