SPECIMEN COLLECTION & SHIPPING INSTRUCTIONS (OneTest Premium)

Get Tested in 3 Easy Steps

- 1. Medical Authorization The OneTest Premium requisition form must be signed and dated by a licensed medical professional. The NPI # must also be included. If you do not have access to an authorized signatory, we can put you in touch with one of our partnered telemed physicians for an additional fee.
- 2. Register Your Test Online You must set up your OneTest Premium account and register your test kit by going to portal.2020gene.com/register or by scanning the QR code (right). Please fill out all of the required information highlighted in red on the OneTest Premium requisition form (including blood draw collection/shipping date and time). Each form includes a unique control# (Test Kit ID), associated with each individual's blood collection tube.



3. Ship Your Test - Follow the instructions below for specimen collection and shipment instructions. Please make sure the box is packed properly and shipped with the overnight shipping label provided, Monday through Thursday. Keep specimen in refrigerator (2-8 °C) until ready to be shipped. Ship specimen on the same day as it is drawn.

Specimen Collection & Storage (instructions for phlebotomist)

A blood specimen is required for OneTest Premium.

- 1. Use one 8.5 mL SST tube ("Tiger Top") provided by the OneTest Premium specimen kit. Write patient's full name and place the Test ID label provided on the order form, onto the specimen tube.
- 2. Once blood is collected, invert the tube 5-10 times.
- 3. Allow 30 minutes for blood to clot at room temperature and then Centrifuge @ 1000-1300 RCF for 10 minutes (Small Benchtop Centrifuges may be purchased through Amazon for approx. \$70 or rented through OneTest Premium).
- 4. Keep refrigerated (2-8 °C) until ready to be shipped. Specimen must be received within 48hrs of draw.
- 5. Place the specimen in the Biohazard bag provided in the OneTest Premium specimen kit.

Shipping Instructions - Multiple specimens may be shipped in 1 single box. Make sure to carefully label each tube and contact your sales rep for additional shipping supplies if needed.

- 1. Ship specimen with the filled requisition form back using the Overnight FedEx Shipping Label provided by OneTest Premium specimen kit.
- 2. Specimen must be shipped on COMPLETELY FROZEN ice packs (freeze 24hrs in advance).
- 3. Specimen must be shipped Monday –Thursday ONLY via FedEx. Specimen must be received by our laboratory within 48 hours from draw.



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for early detection of cancers

SEE REVERSE SIDE FOR PORTAL & TEST REPORT INSTRUCTIONS



HOW DO I ACCESS MY TEST REPORT?

Once your specimen has been processed, you should receive an email within **5-10 business days** with instructions to gain secure access to the patient portal and your individual test report. You may also, use the QR Code provided below, to gain access to the portal. Please log into the account you created in the kit registration process.

Additionally, results will be sent to your medical provider.



https://portal.2020gene.com/login

Specimen Kit Contents

The kit contains the following:

- Tiger Tube
- Biohazard Bag
- Insulation Fabric
- 2 Ice Packs
- Requisition Form

- Specimen Collection & Shipping Instructions
- Return Label and Fedex Packaging Bag
- Biotin Interference Limitation Blood draw must be at least 8 hrs following the last Biotin administration

